

## AHH-UK ANIMAL CHARITY

### Using anxiety remedy for sound sensitivity

Just prior to a situation that puts the dog into an anxious state , and/or you notice the animal pacing, panting, drooling or doing something strange, then give 3-4 sprays Wait 15 mins, if animal not settled, dose again. You can do this 4 times in an hour but usually this is not needed. (read our Sound Sensitive sheet)

Or DOSE AS ON BOTTLE AS ADVISED FOR ANXIETY CONDITIONS (chronic)

\*\*\*\*\*

### HOW TO DOSE A HOMEOPATHIC REMEDY

#### PLEASE READ AND NOTE ITEMS IN RED

We will not be held responsible for any problems related to incorrect dosing and quantity given. Or for medical information not given by us to the client which may be a factor in any treatment. This document is very clear on dosing. Please use it.

Hold spray UPRIGHT and do a couple of sprays onto your hand to make sure liquid is coming out freely then, put thumb on top of spray and make sure the hole is pointing towards the mouth and spray the amount required. As long as the remedy goes into the mouth, onto the gums etc. in other words, membranes, the remedy will start to work quite quickly.

lift side of mouth up and just drop/spray liquid anywhere into the area, onto gums etc.

### FOR ALL REMEDIES

If you have extreme difficulty doing the above, put drops onto a tiny piece of bread and give OR add to the smallest amount of milk/mineral water possible and dose off a spoon

Do not handle remedies: If dropper touches anything, sterilise before replacing in bottle

Keep in cool place, out of Sunlight : Do not Fridge

Give half an hour before OR an hour after food – this can be reduced to 15 minutes if necessary either side or ring us for other advice.

Give all remedies as Directed

Do not store with strong flavoured substances & Avoid mint, garlic and other strong flavours whilst using \*add Alcohol, Coffee, Tea & Cigarettes if for human consumption. Wait at least one hour after remedy has been taken before using any of the above and an hour prior to taking remedies for best results.

If giving multiple remedies, try to space them apart by about 3-5 minutes unless otherwise advised.

**Before dosing bang bottle sharply twice on palm/heel of hand**

**NOTE:** Plastic bottles, specifically made for homeopathic remedies so there is no leaching, may not be sterilised. Dispose of bottle, keep dropper/spray as they can be useful. If you re going to re-fill them with the same remedy they can be re-used.

**ADULTS, ADULT ANIMALS 6 DROPS ( 3-4 sprays)**

**CATS, KITTENS, CHILDREN, and OTHER SMALL ANIMALS UNDER 15KG 3 DROPS or (1 spray )UNLESS YOU ARE GIVEN DIFFERENT INSTRUCTIONS**

**HORSES USUALLY 10 DROPS (4 sprays )**

**READ LABELS FOR INSTRUCTIONS ON BOTTLE PLEASE**

OUR REMEDIES ARE NOW IN SPRAY FORM. This stops contamination and loss of remedy but if you want a dropper bottle, please just ask. If the dropper touches anything at all, please pour boiling water over it and wipe it dry with gauze (contains no fibres to go back into bottle) and then replace securely into bottle.

[www.animalholistichealth.com](http://www.animalholistichealth.com)

[ahh-uk@leahs.freeseve.co.uk](mailto:ahh-uk@leahs.freeseve.co.uk)

07821 383854 / 0161 796 2427 2.00pm-7.00pm (In emergencies use Mobile number if you can't reach us on the landline)